



Vaser Shape Post Treatment Considerations

- You may experience transient erythema (redness) that will last from a few minutes to an hour or possibly longer.
- Sunbathing and tanning beds should be avoided the day of treatment. Similar symptoms to deep tissue massage may also be experienced and should dissipate within 48 to 72 hours.
- Your skin may feel quite warm for up to a few hours after treatment as deep tissue retains heat longer.
- You may feel tenderness in the treated area.
- It is strongly recommended that you commit to and follow the treatment protocol: remain well hydrated (8-10 glasses of water a day), continue to eat healthy and exercise (walk at least 30 minutes a day).

Additional Reminders:

- Most patients require 2-3 treatments, administered 4-7 days apart, to achieve desired results. Clinical results will vary per patient.

Please do not hesitate to contact us with questions or concerns.